

THE MUNICIPAL PUBLIC HEALTH AND WELLBEING PLAN



HEALTH AND WELLBEING PRIORITIES



IMPROVING MENTAL WELLBEING



INCREASING ACTIVE LIVING



PREVENTING FAMILY VIOLENCE AND ADVANCING GENDER EQUITY



INCREASING HEALTHY EATING



TACKLING CLIMATE CHANGE AND ITS IMPACT ON HEALTH

MONITORING AND EVALUATING THE ACTION PLAN

WE ASK

- What did we do?
- How well did we do it?
- What are the changes we are seeing?

PARTNER FORUM

- Forward planning
- Strengths, Challenges, Threats, Solutions
- Reflections, new ideas and knowledge sharing

PARTNERS



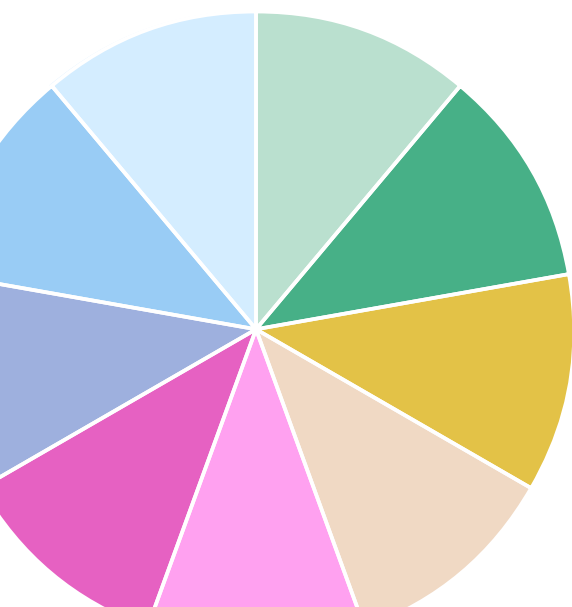
PARTNER ANALYSIS



23 PARTNERS
12 EXTERNAL + **11** INTERNAL

177 ADDITIONAL CONTRIBUTORS

- Health organisations
- Local sporting clubs
- State-wide and national sporting agencies
- Local community groups
- Service providers
- Government agencies and departments
- Education institutions
- NFP organisations
- Local businesses



PARTNERS

EXTERNAL

- Ballarat Community Health (Ballarat)
- Ballarat Community Health (Dereel)
- Bannockburn Surgery
- Barwon Public Health Unit
- Geelong Regional Library Corporation
- Geelong YMCA
- Haddon Community Learning Centre
- Hesse Rural Health
- Leisure Networks
- Sports Central
- Women’s Health Grampians
- Western Victoria PHU

INTERNAL

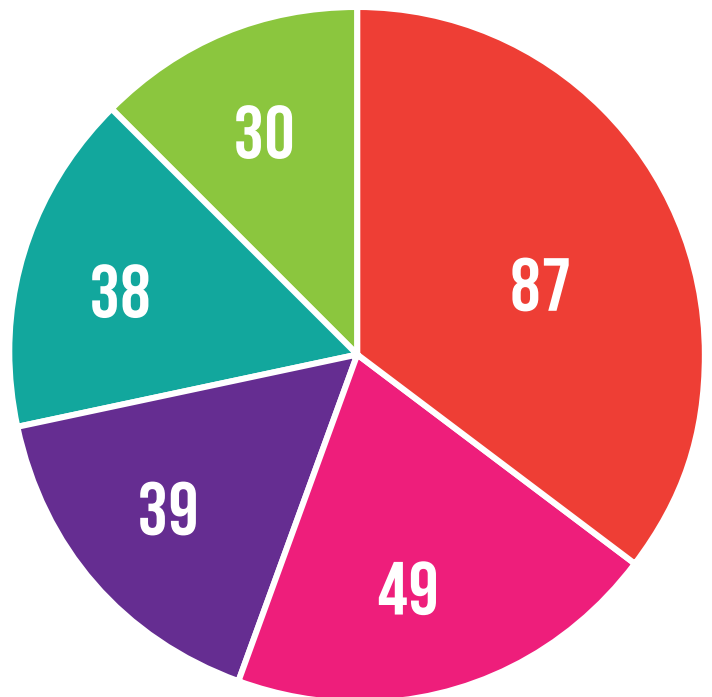
- Golden Plains Shire, Community Inclusion
- Golden Plains Shire, Community Development
- Golden Plains Shire, Community Safety
- Golden Plains Shire, Economic Development
- Golden Plains Shire, Environment and Open Spaces
- Golden Plains Shire, Health and Wellbeing
- Golden Plains Shire, Childrens Services
- Golden Plains Shire, People and Performance
- Golden Plains Shire, Recreation and Community Facilities
- Golden Plains Shire, Strategic Planning
- Golden Plains Shire, Youth

ACTIVITIES



NUMBER OF ACTIVITIES EVALUATED

-  Improving mental health
-  Increasing active living
-  Preventing family violence and advancing gender equity
-  Increasing healthy eating
-  Tackling climate change and its impact on health



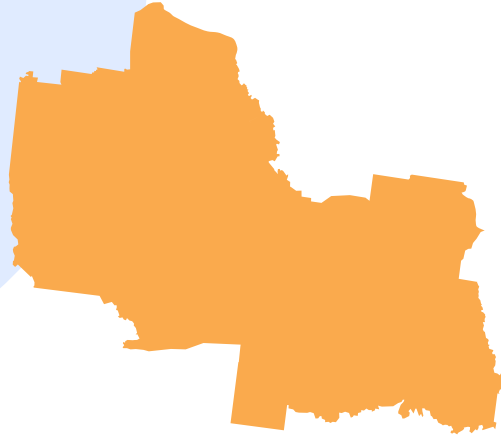
POPULATION AND REACH



131,658

THE ESTIMATED REACH FOR ALL ACTIVITIES

=



5x

POPULATION OF GOLDEN PLAINS SHIRE!

TARGET POPULATIONS INCLUDE

- Newborn babies
- Children
- Young people
- Adults
- Older adults
- Vulnerable groups
- Employees
- Students
- Hobbyists
- Women
- People with disabilities



KEY FINDINGS




IMPACT AREAS



KNOWLEDGE SHARING
Processes and design

PARTNERSHIPS AND NETWORKS
Community connection and resilience
Behaviour

COMMUNITY PARTICIPATION
Skills and confidence

ACCESS
COMMUNITY PARTICIPATION
Environments

COLLABORATION
Communication and promotion

EFFICIENT USE OF RESOURCES
Leveraging off experts and knowledge sharing

CLIMATE AWARENESS
Gender equity




KEY SUCCESSES



CHALLENGES



RISING COST OF LIVING
Enhanced capacity building

RESOURCES AND FUNDING
Evaluation and measuring outcomes

ACCESS TO SERVICES Transport
Community engagement

NEW IDEAS

- Improved local food systems
- More mental health programs
- Climate considerations in all programming
- Data and resource sharing
- Keep working to improve access

